

## ARE YOU A SUSTAINABLE CONSUMER?

In this activity you will have to imagine making purchases in a supermarket, for example, thinking of having to buy some products to have dinner with your friends. Or - if you prefer - imagine buying clothes to go on holidays.

Responding to the questions you will see listed (but you can think of new ones) you should reflect on the impact that a purchase can have on the Planet and on people. You can help you with your smartphone to get the information you need.

<b>Which country does it come from?</b>	
<b>How many kilometers did it do?</b>	
<b>Could it have been assembled with components from different countries?</b>	
<b>What are the textile components? (or...Which are the ingredients?)</b>	
<b>Have they a strong ecological footprint? (see by you smartphone <a href="https://www.footprintcalculator.org/">https://www.footprintcalculator.org/</a> <a href="https://www.watercalculator.org/">https://www.watercalculator.org/</a> <a href="http://footprint.wwf.org.uk/">http://footprint.wwf.org.uk/</a>)</b>	
<b>Is there a brand relating to sustainable or at least environmentally friendly production or included in fair trade? Which one?</b>	
For your questions.....	